

CANADA'S

# styleat home

NIGELLA  
DISHES  
ON HER  
FAVOURITE  
HEALTHY  
SALADS

## freshen UP for *spring!*

### 63 INSPIRING IDEAS FOR BEAUTIFUL SPACES

*plus*  
AN '80s  
BATHROOM  
GETS AN  
ELEGANT  
UPDATE



22 GARDEN  
MUST-HAVES  
FOR THE SEASON



# pretty in pink

This breezy-fresh bedroom built for a budding *artiste* has lots of highlights, but here are some of her favourites.



TEXT BETHANY LYTTLE  
PHOTOGRAPHY TRACEY AYTON



These vibrant wooden dolls are souvenirs from a trip to Costa Rica. Nine-year-old Madeline Mast chose them herself.



▲ Euga Design bamboo and coco twig **PENDANT LIGHT** with black iron hardware, \$449, CB2, cb2.ca.

get the look  
fresh & youthful



▲ Double metal Gwen **BED FRAME** in White, \$199, Structube, structube.com.



► Beauti-Tone Hippy Hop A20-2-1450-4 **PAINT**, Home Hardware, homehardware.ca.



◀ Queen cotton Meera Block Print **QUILT**, \$289 US, Kalyana Textiles, kalyana-textiles.com.

## 1 KIDS COUNT

"Start with your child's personality," says Sophie Burke, who designed this artful and girly bedroom for nine-year-old Madeline Mast along with Madeline's mom, Cindy. "Let the room reflect your child's passions, talents and delights."

## 2 BACKDROP BRILLIANCE

Crisp white walls and Scandinavian-inspired pale wood floors serve as a blank canvas. This lets treasured toys, colourful furnishings and a revolving art display take centre stage.

## 3 LIGHT FANTASTIC

When night falls, an airy rattan pendant light illuminates the space, casting pretty geometric shadows in what feels like a dynamic display of evening art.

## 4 BEDTIME STORY

Vintage and fanciful, the coral-coloured iron bed frame was an antique must-have, but needed updating from a local ironworker. Now the bed is Destination Dreamscape. The bedding is patterned with blushing thistle blooms, which feel perfectly suited to spring. Peachy pink shams complete the look.

## 5 HERSTORY

Family heirlooms are delightful reminders of Madeline's ancestry. The 1940s swivel chair once belonged to one of her great-grandmas (Cindy had it reupholstered in a more youthful toile). The colourful toss cushion, crocheted by another great-grandmother, looks surprisingly modern, and the stuffed bunny has been by Madeline's side since she was born.

## 6 SIGNATURE STYLE

Decorating with kids' artwork is a great way to strike a one-of-a-kind look and support a child's creativity. Inspired by Canadian artist Emily Carr, Madeline created the painting that hangs above the bird-legged side table.

## 7 FUNCTIONAL WHIMSY

A handy spot to set storybooks, the leggy side table with bird feet adds a touch of amusing caprice to the room.

**DESIGN**, Sophie Burke Design, sophieburke-design.com; **CLOUD WHITE CC-40 WALL PAINT**, Benjamin Moore; **BED FRAME**, The Market by Spruce Collective; **SIDE TABLE**, Urban Outfitters; **RUG**, IKEA; **BEDDING**, Schoolhouse Electric Supply & Co.; **BEDSKIRT**, RH Restoration Hardware.

FOR SOURCES, SEE OUR WORKBOOK

# MAY 2018



## FREEWHEELING FRESH

Thank goodness it's May! It's time for decorating with just-picked bouquets, firing up the barbecue and enjoying weekend bike rides. It's the season of wide-open windows, light airy spaces and a stylish blurring of lines between inside and out.

# A home to REMEMBER

TEXT BETHANY LYTTLE  
PHOTOGRAPHY TRACEY AYTON



How a 1950s bungalow evolved into a West Coast icon for a couple who wants their kids to grow up close to nature.



As a little girl, Cindy Mast loved to run free, heading home only once the sun began to set. Childhood was similar for her husband, John, who spent a lot of his youth playing in the forest in his backyard. “The kind of outdoor joy and freedom we had as kids was something we really wanted to pass along to our own children,” says Cindy, who found the perfect spot to do just that in the Eagle Harbour community of West Vancouver in 2015. The only trouble? The home itself was far from perfect – dated, dark and too small for their young family of four. But, committed to the landscape, the couple took deep breaths and purchased the sad and dingy bungalow, planning to make it flawless with the help of designer Sophie Burke.

From the start, Sophie understood the couple’s desire to raise their young family in a bright happy space that was, above all, welcoming. It was clear that the Masts value nature, simplicity and the company of friends and family. “For us, the question isn’t, ‘Who’s coming over?’ says Cindy. “The question is, ‘When?’” →

**OPPOSITE** Homeowner Cindy Mast’s bike – which once belonged to her grandfather – was painted aqua and sits outside the front door of her bright modern farmhouse-style home.

**DESIGN**, Sophie Burke Design, [sophieburke-design.com](http://sophieburke-design.com); **CUSTOM HOME DESIGN**, Sean Anderson; **CONTRACTING**, Stanhope Projects; Light Blue 22 **FRONT DOOR PAINT**, Farrow & Ball.

**TOP LEFT** Beachy hues in the entryway echo the nearby Pacific Ocean. The glass and wood banister is a far cry from the black metal railing that once stood here.

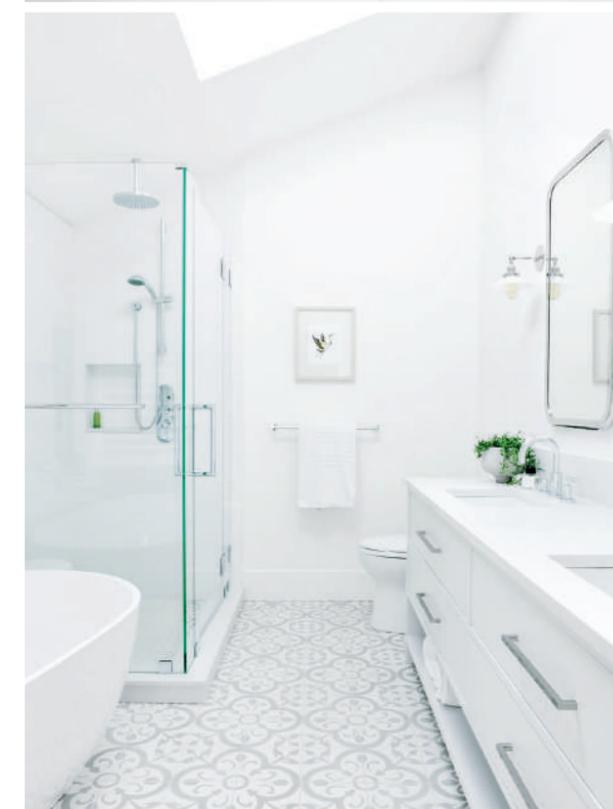
Cloud White CC-40 **WALL PAINT** (throughout), Benjamin Moore; **MILLWORK** (throughout), Munro Woodworking; custom **BANISTER**, Stanhope Projects.

**LEFT** “The wall hooks are for storage, but they look like art,” says Cindy. **WALL HOOKS**, Muuto.



Designer Sophie Burke planned this poured-concrete surround for the wood-burning fireplace in the living room. "It anchors the space," says Cindy, who adores spending family time by the fire during Vancouver's cold wet months.

**BUILT-INS**, Munro Woodworking; **FIREPLACE SURROUND**, Stanhope Projects; Geiger **ARMCHAIRS**, Eames **DINING CHAIRS** Herman Miller; **COFFEE TABLES**, BoConcept; wood block **SIDE TABLE**, Westcoast Wood Slabs; **PENDANT LIGHT**, Inform Interiors; **FLOOR LAMP**, France & Son; **RUG**, RH Restoration Hardware; *Calm II* **ARTWORK**, Jemma Jacksen.



**ABOVE** "The encaustic cement tiles, which reminded the homeowners of travels to East Africa, were our focal point," says Sophie, so she designed the master bath around them. The mirrored medicine cabinets are recessed to optimize storage.

**FLOOR TILES**, Granada Tile; **SHOWER ENCLOSURE, BATHTUB, FAUCETS, VANITY HARDWARE**, Cantu Bathrooms and Hardware; **MEDICINE CABINETS, SCONCES**, RH Restoration Hardware; custom **VANITY**, Munro Woodworking; **COUNTERTOP**, Caesarstone Canada.



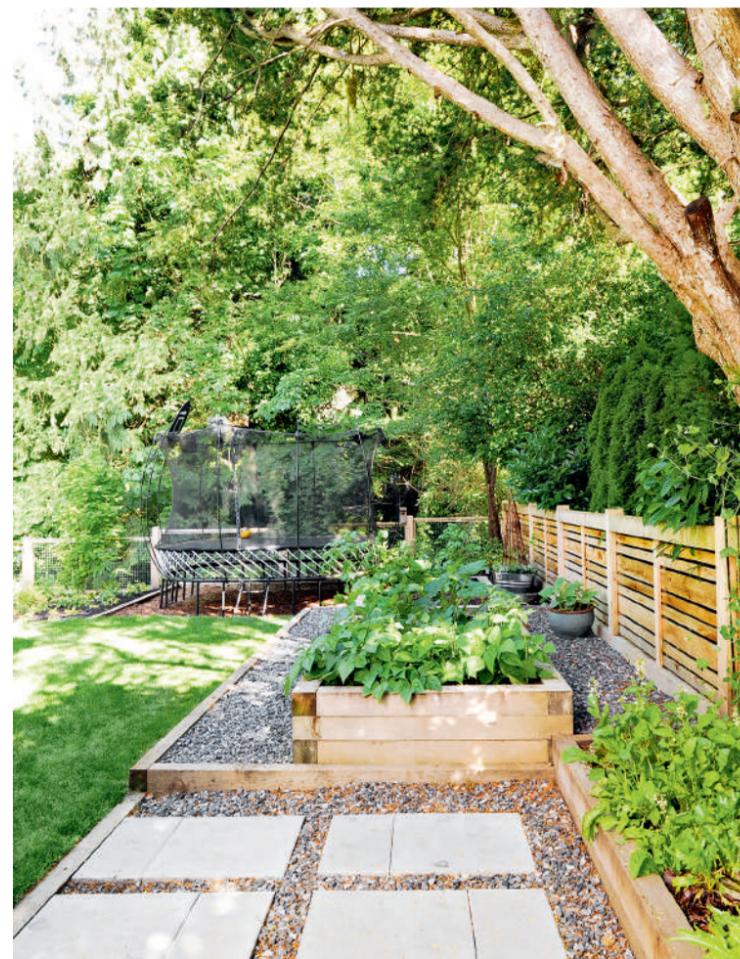


RIGHT "In warmer months, you'll find us out here in the morning with our coffee press, watching neighborhood kids trickle in to bounce on our trampoline," says Cindy. "Or, in the evening, having chilled wine with friends before a game of bocce."



LEFT Plastic mesh and metal seating in pale grey is soft and serene enough for lazy days, but the homeowners are no strangers to hauling their dining table outside for alfresco dinners.

BOTTOM LEFT "We eat with the seasons, and our cooking style is simple," says Cindy, referencing greens from their vegetable garden as typical fare.



The four-bedroom forever home has enough outdoor space for a yard, a patio, a bocce area, an edible garden and a trampoline. It's a place that the Mast's children, Jack, 11, and Madeline, 9, are proud to invite friends to play in until the sun goes down, and one that they'll remember for the rest of their lives. Which was exactly Sophie's intent. "I have three kids of my own," she says. "And, like Cindy and John, I believe in spaces where kids can be kids." After all, it's their home, too – and it will be the foundation of so many of their memories.

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